

GIVE HOPE TO

WOMEN EXPERIENCING HOMELESSNESS THIS WINTER

Purchase any item from this list and place in the dedicated **Catherine House** trolleys at the checkout.

- ☐ Soup – tinned / cup
- ☐ Pasta
- ☐ Pasta sauce
- ☐ Rice
- ☐ 2-minute noodles
- ☐ Tuna – tinned
- ☐ Muesli bars
- ☐ Individual chips / popcorn
- ☐ Crackers
- ☐ Biscuits
- ☐ Dried fruit
- ☐ Breakfast spreads
- ☐ Breakfast cereals
- ☐ Juice or cordial
- ☐ Longlife milk
- ☐ Oil
- ☐ Dried herbs and spices
- ☐ BBQ / tomato sauce
- ☐ Mayonnaise
- ☐ Salad dressing
- ☐ Stocks
- ☐ Brown / white sugar
- ☐ Self-raising / plain flour
- ☐ Gluten-free items
- ☐ Diabetic-friendly items



**CATHERINE
HOUSE**

**ADELAIDE'S
FINEST**