# CATHERINE HOUSE CONNECTIONS NEWSLETTER

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# CATHERINE House update

# IT IS WITH A SENSE OF EXCITEMENT THAT WE PRESENT THIS SIX-MONTH UPDATE OF CATHERINE HOUSE.

Sharing the outcomes and impact of our work is just one way we ensure we remain accountable to those who support our work.

It has been an incredibly busy time for Catherine House as the demand for our services continues to grow. The ever-increasing cost of living, coupled with the rental crisis and lack of affordable housing across South Australia is certainly having an impact. We are seeing women present to our service that only months earlier had quite stable lives. Homelessness can happen to anyone, and often, it is just one thing that leads to a woman needing our support.

It is for this reason (and many more!) that at our annual Gala Dinner in October, I had the great pleasure of announcing our plan to build a New Generation Catherine House. As an organisation, we know we must plan to support more women at risk of or experiencing homelessness across South Australia. The lives of girls and women will depend on it for generations to come.

The New Generation Catherine House has been made possible through the support of Housing Choices, both federal and state governments, and a commitment by Catherine House to contribute a minimum of \$2.5 million dollars through philanthropy.

The Gala Dinner provided us with the opportunity to launch this new capital campaign "Build Her Up".

Our campaign theme speaks to our ambition for women coming to Catherine House and our ambitious new building project. It would also be fair to say that the strong result of \$733,000 raised on the night, our best ever, confirms that our supporters are also ready to see a New Generation Catherine House delivered.

This will be the first major investment in new accommodation facilities for Catherine House since our existing building was opened in 1988.

Our plan incorporates trauma-informed design principles and the for the first time, we will be able to offer fully self-contained units offering each woman a front door of her own, private bathroom, laundry and cooking facilities.

At the heart of New Generation Catherine House will be our onsite Women's Respite and Recovery Centre, which will offer a large multi-purpose wellness space, dedicated education rooms, computer technology space and a large domestic kitchen for women to come together and share meals.

Most importantly, New Generation Catherine House will ensure every woman has the safe space she needs to start her recovery journey.

With much of the preparation and planning work completed over the past few years, it is our hope that construction of the new site will start early in the new year, with the aim of the building being completed by December 2026.

If you would like to be a part of the New Generation Catherine House, please turn to page 10 for more information. We would really appreciate your support.

While securing part of the one-off funding to build New Generation has been a major highlight of the past few months, ensuring we maintain momentum in our fundraising and philanthropy support for 'business as usual' to keep our crisis accommodation and women's service running remains a very high priority.

On behalf of everyone at Catherine House, I wish you and your loved ones a safe and happy Christmas, and I look forward to your continued support in 2025.



GENERAL MANAGER, CATHERINE HOUSE



# CATHERINE HOUSE: My lifeline

-CATHERINE HOUSE CLIENT

TEN MONTHS AGO, I HAD BEEN LIVING IN MY FAMILY HOME FOR MORE THAN TEN YEARS WHEN I WAS FORCED TO LEAVE AND FIND A PLACE TO RENT. MY EX-HUSBAND MOVED ON FROM OUR RELATIONSHIP VERY QUICKLY. I WAS NOT AT ALL READY.

Throughout the separation, problems progressed and he took out an intervention order.

It is difficult for me to share my story, but the most defining moment for me when I was experiencing homelessness was on my 51st birthday. I was desperate for help from my ex-husband but found his new girlfriend's car in front of our house.

Feeling distressed and having broken my intervention order, I surrendered myself to the police. I had no secure address, so after spending two days in the city watchhouse, the lawyer suggested I would be better off going to prison.

I was frightened and crying. I endured a mortifying travel experience locked up in the side of a police van. When I arrived, I was put in a freezing glass cell and then strip-searched. I was interviewed and sent to a room with another woman who barely spoke a word.

I ended up at the Adelaide Women's Prison for six weeks. The prison was a dangerous place. I was threatened with physical harm numerous times; however, many of the women reciprocated kindness. Happily, I found I now had 'Sistas and Aunties'.

I did not know when I would get out because I didn't know where I could go. I felt forgotten by those outside. I wondered if I had done something truly terrible. I was becoming more depressed and having intrusive thoughts of self-harm. However, I was fortunate that the prison social worker suggested I apply for Catherine House. The case worker form Catherine House visited me in prison to fill out the necessary paperwork. Having done some time, I was released without a record. I will never forget the many women wishing me well as I left them, it was deeply touching.

At the beginning of June this year, I was taxied away from prison to Catherine House. There I was welcomed by the amazing staff who gave me many things I needed.

Catherine House was a lifeline. What changed the most was having my own bedroom. It was joy. I could pull the curtain across the window, and no one would tell me off or fight about it or tell me a story about all the rules about why you can't. It was a big relief.

During my stay at Catherine House, I was fortunate in many ways. I was provided many things I needed, including a free eye assessment and received new reading glasses. Since losing my glasses last year, I can finally read books again.

Catherine House offered me support from a psychologist, which I sorely needed after arriving from prison in a state of anxiety and depression.

Catherine House then supported me to attend a court hearing and assisted me to find an affordable, renovated cottage. It is lovely and secluded. I no longer feel unwanted and unloved in my own home and life.

While at Catherine House I joined activities in the Women's Centre to help pass the time. Workshops included learning to use 3D art pens and painting on canvas to celebrate NAIDOC Week. I am now participating in a program called 'Live Your Best Life & Plan for Your Future'. I've also been involved in two woodworking projects. Within the projects, I was supported to make a coat rack. I mounted it in my new entry hall using a hammer drill borrowed from 'The She Shed' in Burnside.

Having worked together on these skills, the Education & Employment Officer has helped me find employment with a major construction company. With my broad range of transferrable skills and natural curiosity, I was keen to pivot away from nearly 20 years in disability support work and into the construction industry. A few weeks ago, I started work in reception on one of the largest infrastructure projects in the state.

It is remarkable what a difference employment can make to one's sense of wholeness. I can't believe my luck! This is the kind of job I have only dreamed of.

The staff assist in many different areas of life. They are so giving. They help to remove those obstacles that cause women to experience homelessness. Catherine House is an authentic and responsible organisation. I am grateful beyond words that they exist.

From my experience, Catherine House is a vital service for women experiencing homelessness. The women I've met are extremely grateful for the help, which is much more than a sheltered place to stay.



# HIKE FOR HOPE

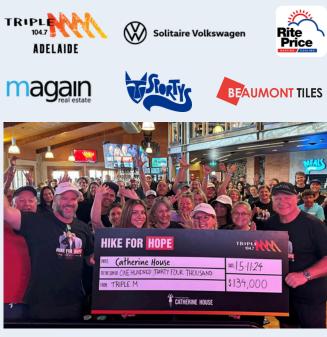
On Friday, November 15th, Catherine House staff, clients, and members of the community took part in Triple M's 30 kilometre Hike for Hope fundraiser. It was a fantastic day with an incredible amount of support from the community – particularly local South Australian businesses. The aim of the walk was to raise funds and awareness for Catherine House, and the results were truly outstanding.

At the completion of the walk, we were presented with a cheque for \$134,00. This surpassed anything we could have imagined. However, before the final announcement was made on air, the weekend donations continued to roll in, with a total amount raised of \$144,093!

## THE FUNDS RAISED FROM HIKE FOR HOPE IS Equivalent to **948 Nights of Safe And Supported Accommodation** for a woman in Our Crisis Accommodation Service.



### THANK YOU TO OUR MAJOR SUPPORTERS:



# **COMMUNITY FUNDRAISING**



### THE POWER OF HER: MURRAYLANDS

Catherine House was proud to be the official charity partner of The Power of Her Event in the Murraylands. Following the success of this event in Adelaide last year, it was great to see this fantastic day taken to regional communities! Our Manager of Philanthropy and Engagement, Jaylee Cooper, was the event MC and presented on the work of Catherine House. The day saw some incredible speakers who came together to support a very important conversation and share knowledge of empowering and celebrating women in sport. The event also highlighted the importance of breaking barriers to support the next generation of female leaders in our community.

Congratulations to the Integrated Physical Activity Committee (IMPAC) and the Office of Recreation, Sport and Racing for making this event possible.

### LEADING LADIES OF REAL ESTATE

Leading Ladies of Real Estate is an industry-wide initiative focused on building a community that supports and inspires women to chase their potential, both personally and professionally. Their event in September was an inspiring evening, featuring insightful talks from Kelly Tatlow of Ray White Concierge and Manager Philanthropy and Engagement at Catherine House, Jaylee Cooper, while also raising funds and awareness for women experiencing homelessness in South Australia.





### **FRIENDSHIP FRIDAY**

Meet Lyn and Lesley: they have a 'Friendship Friday' catch-up every month and have started to collect toiletries and personal care items to donate to the women we support. Many women arrive at Catherine House with few possessions. Each woman receives a Welcome Pack including a handbag, toiletries, new sleepwear and underwear. Thank you Lyn and Lesley, for helping making this possible.

### **STRATHMORE HOTEL**

We are delighted to have received a long-term commitment from the Basheer Group: The Strathmore, The Woodville and Bank St Cellars. Through donations, fundraising events, and raising vital community awareness, they are committed to working alongside us to make a difference to women experiencing homelessness.

Pop into The Strathmore Hotel on a Thursday night for the meat tray raffle, or support fundraising initiatives at events such as *Champagne Society* or *Read Between the Wines Book Club*.





#### THE JADE: MUSIC & ART FUNDRAISER

In September, local Adelaide artists and music lovers came together at The Jade to raise funds for Catherine House. The evening featured live performances from Bridget Fahey and the Bone Rattlers, Cherry Daisies, Jen Lush Band and Layla Indiana

It was a truly beautiful night of music, art and community, inspired and created by Danny, Clare and the crew at Suspicious Water Birds, who managed to raise over \$2,000 dollars on the night as well as awareness for the work of Catherine House.

#### 50IN50: 50 MARATHONS IN 50 DAYS

Meet Asa, an 'average' 49-year-old bloke who loves running and setting not-so-average challenges. Asa is celebrating his 50th birthday by running 50 marathons in 50 days - yes, you read that correctly. Asa started this epic challenge on November 23, and will run a marathon every day until January 11th, and would love your support! For more information and to support Asa, scan the QR code!

Good luck Asa - we are so incredibly proud of what you are about to embark on to support women experiencing homelessness.





### HEAR ME ROAR: TRINITY SESSIONS CONCERT

We would like to say a huge thank you to everyone involved in the recent 'Hear Me Roar' concert, presented by Trinity Sessions, Church of the Trinity and the Effective Living Centre. From the organisers, to the attendees and of course, the artists! The Audreys, Kelly Menhennett, Laurel, and the Women with Latitude Choir put on beautiful performances to help raise funds and awareness for Catherine House. This performance raised an incredible \$6,500, which equates to well over a month of accommodation for a woman staying at Catherine House.



### **CODAN GOLF DAY**

Recently, we were so fortunate to be one of three charities chosen as beneficiaries of the annual Codan Golf Day. This was our first time being involved and it was certainly a lot of fun! Most importantly, there were many conversations about the importance of our work in the South Australian community.

A big thanks to Sonia, Bec, Darren, the entire Codan team and all the supporting businesses for organising and supporting such a great event.

# INTERESTED IN FUNDRAISING FOR CATHERINE HOUSE?

We'd love to hear from you! We can support you every step of the way along your fundraising journey.

Get in touch with our Fundraising and Campaign Coordinator, Molly Dyer, by emailing: **MollyD@catherinehouse.org.au** or phoning **(08) 8232 2282**.

# **SCHOOL FUNDRAISING**

### **MOUNT BARKER HIGH SCHOOL**

Mount Barker High School's 11th annual quiz night was proudly supporting the work of Catherine House. Students prepared and hosted the quiz night for the school community raising more than \$1,400 for women experiencing homelessness.

South Australian schools play such a vital role in raising funds and awareness for Catherine House. Thank you to the staff, students and the wider school community, your support means the world to us.



### **CABRA DOMINICAN COLLEGE**

Years 7-12 Kavanagh House students from Cabra Dominican College have chosen to support Catherine House through fundraising activities throughout 2024. Students installed an exhibition entitled 'Sonya's story' to raise awareness about what homelessness can look like. For many women who are experiencing homelessness, they are sleeping in their cars just like 'Sonya's story'.

We are so proud to see students educating themselves and fellow classmates about what homelessness looks like in our country.





### **CARDIJN COLLEGE**

Athon Day at Cardijn College is a celebration of community, fun, charity, and tradition, highlighting the importance of mission, service, and justice through supporting various charities and participating in community-building and fundraising activities. Since 2015, students from Mitchell House have chosen to support the work of Catherine House, raising over \$10,000.

This year, as well as raising funds, students also got creative with making items for women staying at Catherine House. Photo frames for their bedside tables, magnets for the fridge in their new home and keyrings to put their new house keys on. We think these are beautiful! Thank you Mitchell House students.



### ST PETERS COLLEGE – BARISTA BOYS

Every Thursday and Friday this term, Year 6 students from St Peters College stepped into their roles as baristas, serving up coffee, hot chocolates, and brownies to the school community, raising funds for women experiencing homelessness. This year the 'Barista Boys' raised an impressive \$6,000! We couldn't be prouder of their commitment and hard work, which has proven that even small actions can lead to meaningful change.

The Barista Boys are not only developing new skills but also making a lasting positive impact on their community. Thank you, Barista Boys. You are much more than a café; you're an initiative with heart.



OUR ANNUAL GALA DINNER IS OUR MAJOR FUNDRAISING EVENT AND AIMS TO RAISE MUCH-NEEDED FUNDS AND AWARENESSES FOR CATHERINE HOUSE.



THE EVENING WAS HOSTED BY CHANNEL SEVEN PRESENTER AMELIA MULCAHY, AND OUR THRILLING LIVE AUCTION WAS CONDUCTED BY VINCENT DORAN.



# Catherine House

On Saturday, October 12th, 273 people joined us for our annual Gala Dinner held at the Hindley Street Music Hall - the first event of its kind at the iconic Adelaide venue. We were overcome with gratitude and support, with tickets selling out in less than three hours.

Even more incredibly, we received generous offers of support from the community, donating items for our auction, raffle and wine wall. This level of support allows us to continue providing services to women experiencing homelessness, and we are so grateful to know South Australia strongly stands behind us helping us to achieve our mission.

The evening began with our host and MC, Amelia Mulcahy, introducing Jakirah Telfer, a Mullawirra Meyunna woman of the Kaurna People who welcomed guests to Kaurna Country, and spoke beautifully about the importance of transferring cultural wisdom to the younger generation.



We were honoured to have Her Excellency, the Honourable Frances Adamson AC, and Mr Rod Bunten attend the event. As our Patron, Her Excellency spoke about the importance of our work and commended the strong community support, without which, an event like this would not be possible.

Catherine House Director, Julie Duncan, next took to the stage with an incredibly exciting and long-awaited announcement, "**We are building a new Catherine House**". It was an emotional moment to finally share details and building plans with supporters in the room who have a keen interest in the success and longevity of our service.

Shortly after dinner, the room went dark. Guests were silent, and the audio of more and more phones ringing filled the room. A short message was displayed on the screen: **Each year, thousands of women in crisis call Catherine House. We can't imagine a world where we couldn't answer.** We then heard the voices of four women who have lived at Catherine House, courageously telling their stories for the room to hear. We continue to be inspired by every woman who so bravely shares her story.

As always, our major auction was a highlight with Auctioneer, Vincent Doran of Crawford Doran, taking to the stage. The room was overcome with generosity when Vincent invited guests to stand up to make either a \$5,000 personal donation, or a \$10,000 business donation to support the New Generation Catherine House build. It was an incredible sight with pledges of over \$200,000 in a matter of minutes.

# Gala Dinner

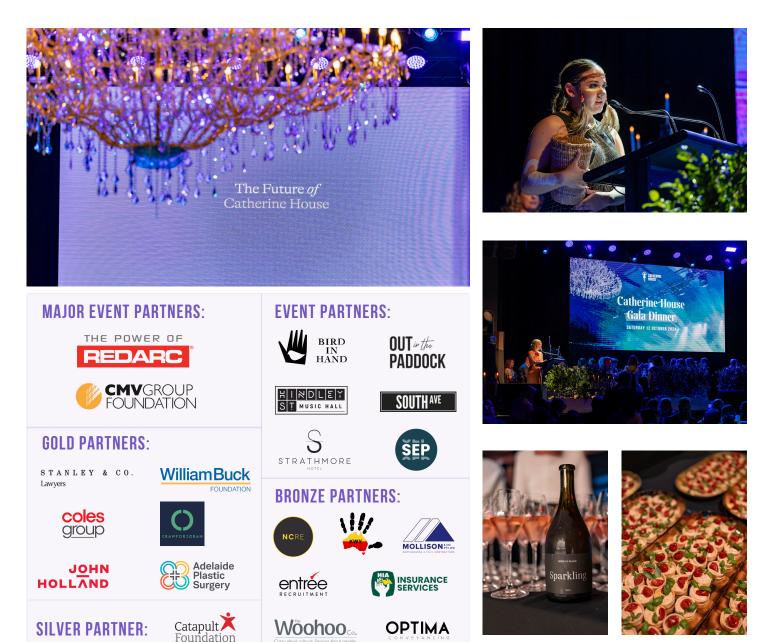
Countless generous individuals and businesses made this night possible, whether through corporate sponsorship, donating auction items, or volunteering their time and services - we can't thank you enough.

This night would never be possible without the support of our Major Event Partners. **Redarc Electronics** and the **CMV Foundation** are longtime supporters of Catherine House. Many thanks to our **Event Partners**, Out in the Paddock, Bird in Hand, Hindley Street Music Hall, South Ave, The Strathmore Hotel and Short Event Productions.

Our sincere thank you to our **Gold Partners**, Stanley & Co., William Buck Foundation, Coles Group, Crawford Doran, John Holland Group and Adelaide Plastic Surgery; our **Silver Partner**, Catapult Foundation; and our **Bronze Partners**, NC Real Estate, KWY, Mollison & Co., Entree Recruitment, HIA Insurance Services, The Woohoo Co, and Optima Conveyancing, for your continued support of this event.

# THE GALA DINNER RAISED AN INCREDIBLE \$733,000.

# ALL FUNDS DIRECTLY SUPPORT BUILDING THE NEW GENERATION CATHERINE HOUSE.





# Build Her Up The Future of

Catherine House has been successful in securing an allocation of funding for a

new crisis and longer-term accommodation service building.

We are proud to partner with **Housing Choices** in the New Generation Catherine House project, alongside the SA Housing Trust.

Housing Choices is an independent, national not-for-profit housing provider committed to delivering highquality, accessible, and affordable housing for people in need, including those on low and moderate incomes and individuals with disabilities.

Together with Housing Choices, we have an existing block of land, building plan and approval.

Your support this year will help us create this life-changing service, Catherine House: New Generation.



This project is a *once in a generation* renewal that will deliver *intergenerational value*.



- ✓ New facilities
- **(V** Improved safety
- **(V)** Innovative service model
- Additional accommodation

Supporting more south australian women experiencing homelessness

# Trauma-informed & lived experience *architecture*

This project has been strongly informed by the voices of women who know what is needed - because they've accessed it themselves. Our Lived Experience Research Report (2021) captured the views of South Australian women who have experience utilising homelessness services.

The results of this research were the starting point for our planning to *create a trauma-informed facility* based on lived experience.



# On-site Women's Respite and *Recovery Centre*

#### The new Women's Centre will include:

- Staff sleepover unit for 24/7 support
- Large domestic kitchen for shared meals as required
- Computer training space
- A large multi-purpose wellness space
- Education spaces
- Craft, cooking, & activity areas
- Restorative relaxation spaces
- Private 1:1 meeting rooms
- Secure outdoor garden



# *Significant upgrades* to facilities and available services

Our current Crisis Accommodation building was built in 1987 and no longer meets contemporary accommodation expectations. Due to the existing layout and compliance issues, we are not currently able to offer services to women with children.

New Generation Catherine House will provide accessible independent living apartments that will be able to accommodate infants and children.

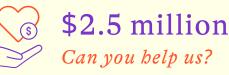
# How to support:

We are now looking for individuals and organsiations to support the New Generation Catherine House. For a confidential discussion or to chat further about the project, please contact:

#### Jaylee Cooper

Manager of Philanthropy & Engagement JayleeC@catherinehouse.org.au 0403 322 703





Catherine House is committed to raising a minimum of \$2.5 million dollars through corporate and community support and philantbropy to build this vital South Australian service.

# **COMMUNITY AMBASSADORS**

## **MUSE CABARET: AMBASSADOR NICOLE**

Muse Cabaret was all about women embracing themselves in their rawest form whilst raising funds and awareness. Held and Nineteen-Ten, this sold-out event with incredible local burlesques was an empowering evening with women supporting women. We absolutely loved this event and couldn't be prouder of Nicole and the people around her that brought this event to life and we hope to see it back in 2025!



## NOT YOUR AVERAGE FUNDRAISER: Ambassadors charlotte and emily

Community Ambassadors Charlotte & Emily certainly held a 'NOT YOUR AVERAGE FUNDRAISER' event! Partnering with South Ave, Charlotte and Emily danced the night away with their 130 guests. Think cocktails, food, DJ, and a raffle with all the good stuff while raising funds and awareness for women experiencing homelessness. It was a win-win!



## TRIVIA DINNER FUNDRAISER: AMBASSADORS CHRISTINE & REBECCA

Sisters and Community Ambassadors Christine & Rebecca held a Trivia Night supporting Catherine House and Backpacks 4 SA Kids. With over 250 generous supporters attending, and an evening full of trivia, raffles, a live auction and fundraising activities, it was a wonderful night raising funds and awareness for women experiencing homelessness. We could not be more pleased with their efforts.

An incredible and overwhelming \$25,161 was raised to support the work of Catherine House - amazing!



## AMALFI IN THE VALE: AMBASSADOR STEFANIA

Community Ambassador Stefania hosted 'Amalfi in the Vale'at Vigna Bottin Cellar Door. A three-course lunch, fashion parade, raffle and an amazing silent auction all in support of Catherine House.



This beautiful event raised over \$14,000 for our Crisis Accommodation Service. We really couldn't do the work we do without the support of people like Stefania - thank you so much.

# **INTERESTED IN BECOMING A COMMUNITY AMBASSADOR?**

We are so proud of our 2024 Community Ambassadors, their commitment, passion and dedication to helping support women experiencing homelessness and the work of Catherine House really does amaze us. If you are looking for an opportunity to get involved, **applications for 2025 are now open! Scan the QR code to learn more and apply.** 



# **LEANING INTO THE** POWER OF REDEFINING

### DEIRDRE FLYNN Manager Client Services

In August, I presented at the inaugural Silver Sirens Conference in Adelaide at the beautiful Ayers House. I was excited to learn the theme of the event, "Redefining Aging", as this concept of 'redefining' is critical in so much of the work we do at Catherine House. Whether it's how we deliver our programs, the language we use, how we engage the community, or how we prepare women to be open to the 'internal' work often needed for change.

When the time is right, women are invited to lean into and engage in a process of reimagining themselves, enabling the shedding of old narratives that no longer serve their health, wellbeing, growth, or future hopes and dreams. This process requires courage and, at times, a leap of faith that life can be better for them.

In our service, our approach is everything. It's what makes the difference to change 'sticking' or falling apart in the months or years after women leave Catherine House. It takes strength and conviction to securely embed a new selfconcept. Embarking on significant personal growth and presenting to the world in quite a different way will be celebrated by some.

Others will challenge it, uncomfortable with the new valuing of self. Withstanding this is not always easy, so supporting women to be strong and have strategies in place as they begin their new life is important work.



A part of this 'inner work' invites women to consider 'abundance thinking' and 'self-compassion' when reviewing their lives. Many women report feeling a new sense of personal power as they take charge of crafting a different life story. Words such as 'redefining', beginning with the prefix 're', present them with so many possibilities.

**Reconsider, reframe, rename, rethink, revisit, reconceive, re-explore, reappraise, re-envisage;** they allow a whole new way of thinking. Women can reauthor their past and future, appropriately reassign responsibility of negative life events to others, let go of believing their circumstances were all their own making, releasing themselves from misplaced shame and blame. This frees women up to new opportunities, and when unburdened, they can fully commit to reshaping how they move forward.

Given the challenges many of our clients have experienced prior to coming to Catherine House, the holistic nature of our support and the commitment of so many in our community to also show their care is a vital part of what assists clients in reevaluating who they are.

The journey from experiences of homelessness and trauma to education, employment and positive social, family and personal relationships is most successful when women have started this inner renewal work, either self-initiated due to our aspirational, respectful service model or through having accepted an invitation to explore the usefulness of these concepts to their lives.

At Catherine House, we have learned that the single most powerful behaviour and mindset shift for women we work with is to invite them to redefine their value and worth. From here, women find the strength and courage to back themselves and what they believe in. They are much more likely to advocate for their needs and wants in life. This is success; this is empowerment.

Many thanks to Faith Agugu for inviting Catherine House to be their Charity Partner for this event. It provided a wonderful opportunity to raise awareness about women's experiences of homelessness and how we are working to solve it for each woman who comes to our service.

# VISIT FROM GOVERNOR HER EXCELLENCY THE HONOURABLE SAM MOSTYN AC



Our Leadership Team was honoured to meet with Her Excellency, the Governor General of Australia Sam Mostyn AC when she visited South Australia in September.

Her Excellency was able to hear from one of our clients who so bravely and wonderfully spoke of her experiences of domestic and family violence, the corrections system, homelessness and her time at Catherine House.

Her Excellency also toured our Crisis Accommodation Service and Women's Centre, and it was clear to see she had such respect and empathy for our work with women.



# **BEDROOM REFRESH**

When women come to Catherine House, we want to make sure their environment can be as nice as it possibly can be. This is their home for the time they are with us. Recently, we were able to give the rooms in our Crisis Accommodation Service a much needed freshen up! It is truly amazing to see what some new coats of paint can do!

A very big thank you to commercial painters Higgins for painting every room as a donation - the women absolutly love it! A big thank also to St. Paul's Old Scholars Football Club for volunteering their time to put together our new furniture which we were able to buy through financial donations.





# WHAT WOMEN HOLD: ART EXHIBITION



### 26 NOVEMBER 2024 TO JANUARY 31, 2025 Kerry Packer Civic Gallery, UNISA

We know firsthand the difference engaging in art can have on a woman's life, especially women who have felt silenced by oppression and their life circumstances.

This year's exhibition, 'What Women Hold', is another example of how Catherine House artists use visual art to think deeply about issues that have affected their lives and, in many cases, continue to through loss, grief, and trauma. Art tutors Claire and Miranda Harris have created safe, trusting environments for women to explore the possibility of art and creativity. Women have been invited to explore many difficult topics, ones that have touched their lives and those of other women, through the process of creating individually and together.

# This exhibition is open to the public, we invite you to support the artists by attending with friends or family.



What Women Hold Papier mâché, with recycled lino prints, mono printed word, woven raffia and human hair.



What Makes Us Feel Safe Monoprint on card, tissue





#### Know My Name

*Knitted squares, embroidery, printed fabric* A collaborative piece that acknowledges the women in Australia who were murdered in 2024 by male violence.



#### The Kitchen: leave a message on the fridge

Fridge, domestic jars, screen printed tea towels, ceramic tea bowls, what-not shelf, polymer clay animals The kitchen is often depicted as the heart of the home, a comforting space that evokes memories of cooking, talking with mum, and gathering with family. Some women have memories of 'always having to do the dishes', others recall the kitchen as an unsafe place of noise, of broken plates, and violence.



# THANK YOU TO OUR SUPPORTERS

# **GOVERNMENT PARTNERS**







MAJOR EDUCATION PARTNERS









# MAJOR PARTNERS



# MAJOR IN-KIND PARTNERS



SOUTH

AUSSIE



Good<sub>360</sub>

BRINGING GOOD TOGETHER





Fleurieu



CONVEYANCING





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FRESH 🔆 & CLEAN

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