pris may AT CATHERINE HOUSE

Help brighten the holidays for women experiencing homelessness this Christmas.

#### **MAKE A DONATION**

**\$25 - Give a Gift** Allows a woman at Catherine House to give a gift to her child or loved one.



**\$50 - Welcome Pack for a woman arriving at Catherine House** *Include new pyjamas, toiletries, underwear and slippers.* 

**\$100 - Christmas Gift Bag** Gifted to women staying with us on Christmas Day.

\$300 - Case Worker support over Christmas

Provide help for the emotional challenges Christmas can bring.

**\$152 - One night's accommodation** Support our Crisis Accommodation Service. Visit our website or call 8232 2282 to make a donation.



## FILL UP A CHRISTMAS GIFT BAG

Women at Catherine House will receive a **Christmas Gift Bag**, reminding her she is valued, supported and cared for.

#### If you would like to contribute an item/s to our Christmas Gift Bags, please choose from the following list:

- $\bigcirc$  Journals
- $\bigcirc$  Photo frame (4x6)
- O Boxed chocolates
- Hand cream
- Reed diffuser
- Moisturiser
- Lip balm

- Keep cups
- Drink bottles
- O Perfume
- O Gift cards
- O Coloured markers
- Mindfulness/Colouring Activity Books

# **GIFT CARDS: GIVE HER THE CHOICE**

The vulnerability of homelessness, along with the breakdown of relationships and jobs, can make life feel out of control.

A **Gift Card** allows women to choose a gift themselves or buy one for their child. The dignity of choice and the opportunity to take part in the tradition of giving can make life feel a little more normal.

Gift Cards in \$25, \$50 or \$100 denominations for Coles, Myer, Woolworths, Target, Big W and Kmart are greatly appreciated.

#### Christmas Lunch at Catherine House, 2022



#### WISHLIST CHECKLIST

Please ensure all gifts are new and unopened.

Call or email us to arrange delivery.

- We can only accept items from **this wishlist** for our gift bags.
- Donation delivery is available from 1st Dec until 15th Dec.



We can't accept toiletries or any travel-size items.

imes Please don't wrap items.



prizmaz SHOPPING LIST

Each year, Catherine House hosts Christmas Lunch to all current and previous clients who wish to join us on December 25th. We are accepting food donations to support our lunch, deliveries can be made from December 1st until December 21st.

## **CHRISTMAS DESSERT AND SWEET TREATS**

- ) Christmas shortbread
- Gingerbread
- ) Christmas lollies
- ) Fruit cake

- Custard (UHT)
- O Whipped cream (canned)
- O Dollop cream
  - Pavlova bases

### DRINKS

- Soft drinks (canned)
- Coffee sachets
- Hot chocolate sachets
- Cordial
- ) Juice

# PANTRY SUPPLIES

- Apple sauce
- **Crackers**
- Nuts and dried fruit
- Gravy sachets
- Cheese sauce sachets

#### CONDIMENTS

- ) Mint jelly/sauce
- Cranberry sauce
- Tartare/seafood sauce
- ) Mayonnaise
- **Tomato sauce**
- ) BBQ sauce

#### BREAKFAST ESSENTIALS

- 🔵 Jam
- **Vegemite**
- **Peanut butter**
- Breakfast cereal
  - ) Muesli
  - ) Honey

